

# Weekly Devotions 25<sup>th</sup> May – 31<sup>st</sup> May



A key way that we are going to be transformed as individuals and as a community is through consistent, meaningful engagement with God's Word. Daily Bible reading and meditating on Scripture is an ordinary means of grace through which God is delighted to work out His purposes in our lives.

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*Each day is divided nicely into the following sections:*

- Prepare** Just a simple moment of quiet and then a simple prayer as you set aside time to engage in God's Word.
- Read** The day's reading. Some weeks it will be different bits of a passage, some weeks it will be the same passage repeated picking out different elements.
- Write** A good way to familiarise ourselves with Scripture is to write it out as we are forced then to really Concentrate.
- Learn** Hiding God's word in our hearts is a great goal so each day you'll be invited to learn just one verse to mull over during the day.
- Focus** This will be a question to help understand the passage. Try and be as thorough in answering as possible, chasing down all the possible angles.
- Reflect** This will be an extension question aimed at helping you reflect and relate to what you have read.
- Pray** There will be one thing to pray for at the end of each day, hopefully useful as a springboard to launch you in to praying through other things.

*Hopefully all this will take no more than 15 minutes in total. There is not a better way we could spend this time.*

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## Monday 25<sup>th</sup> May

**Prepare:** 'Show me what a life worthy of the gospel looks like.'

**Read:** Ephesians 4:17-24

**Write:** 4:20-21

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**Learn:** 4:20-21

**Focus:** How does 17-19 contrast with 20-24? Can you think of similar contrasts in Ephesians? The Bible?

**Reflect:** In what areas of your life have you fully adorned the new self? What areas still exhibit elements of the old self?

**Pray:** 'Help me live a life worthy of the gospel.'

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## Tuesday 26<sup>th</sup> May

**Prepare:** 'Show me your constant and abundant care.'

**Read:** Psalm 121

**Write:** Psalm 121:2

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**Learn:** Psalm 121:7

**Focus:** If you had to sum up this Psalm in a sentence how would you do it?

**Reflect:** At what times do you doubt God's care and protection?

**Pray:** 'I need you every hour, I need you oh I need you.'

### Wednesday 27<sup>th</sup> May

**Prepare:** 'Be God in every part of my life.'

**Read:** Ephesians 4:25-28

**Write:** 4:25

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**Learn:** 4:25

**Focus:** What are the reasons that the thief is to steal no longer?

**Reflect:** What areas of your life in the church is there potential for the devil to get a foothold?

**Pray:** 'Father, make me a good neighbour, a contributing member and a peacemaker.'

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### Thursday 28<sup>th</sup> May

**Prepare:** 'Give me a rejoicing heart that longs to praise you with your people.'

**Read:** Psalm 122

**Write:** 122:1

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**Learn:** 122:1

**Focus:** How is Jerusalem described in this Psalm?

**Reflect:** What do you Jerusalem symbioses as NT Christians?

**Pray:** Father God help me fix my eyes on things above where Christ is seated.

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### Friday 29<sup>th</sup> May

**Prepare:** Take you word and seer it on my heart for your glory.

**Read:** Ephesians 4:29-32

**Write:** 4:32

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**Learn:** 4:32

**Focus:** How is the Holy Spirit grieved?

**Reflect:** When you put your life up against the light of these verses where is there room for sanctification?

**Pray:** Help me use my mouth this day to build others up and help me remember the sheer enormity of the forgiveness that I've been shown by you in Christ.

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### Saturday 30<sup>th</sup> May

**Prepare:** Help me seek you in this time with earnestness.

**Read:** Psalm 123

**Write:** Psalm 123:1

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**Learn:** 123:1

**Focus:** What is the symbolism of verse 2?

**Reflect:** How would you categorise this prayer? How regularly do you seek and acknowledge God's mercy to you?

**Pray:** 'Make me ever thankful for the mercy that you have shown me.'

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### Sunday 31<sup>st</sup> May

Read Morning: Ephesians 4:17-32

Read Evening: Psalms 121-123